

LVAC Holds US Open Bethlehem Training Camp 3/29 to 4/2/10

This camp was designed to assist elite level wrestlers with some fine tuning of their technique three weeks before the National Open. This year the U.S. Open will be held at the Wolstein Center at Cleveland State University on April 22-25, 2010. Training sessions have been daily at 10 am and 5:30 pm each day, Monday through Friday.

LVAC Athletes who participated** (with national USAW rating):

55 Kg #10 Mark Mcknight
60 Kg #5 Matt Valenti
60 Kg Joey Rivera
74 Kg #2 Mike Poeta
84 kg #5 Keith Gavin
96 Kg #4 Pat Cummins

**at 66 Kg and 120 Kg, Corey Jantzen and Blake Gillis could not attend due to minor injuries, but should be fine soon.

Other Visiting Athletes:

60 Kg #6 Drew Headlee
66 Kg Zack Tanelli
66 Kg David Jauregui
74 Kg Terry Madden
84 Kg #3 Carl Fronhofer
84 Kg #8 Brandon Sinnott
84 Kg Doug Umbehauer

This is the LVAC's second and largest post-graduate camp such as this and the groundwork has been laid for future growth.

Camp Coordinator, LVAC Head Coach Jason Kutz
"We are doing the right things"